



1
00:00:03,669 --> 00:00:01,829
you've been training for a long time for

2
00:00:05,510 --> 00:00:03,679
this mission about two years now and

3
00:00:07,430 --> 00:00:05,520
you've passed your final exams and it's

4
00:00:09,030 --> 00:00:07,440
just about time to go so

5
00:00:10,549 --> 00:00:09,040
do you feel like it was what you

6
00:00:13,430 --> 00:00:10,559
expected do you feel like you're ready

7
00:00:15,430 --> 00:00:13,440
for the trip and ready for the mission

8
00:00:17,269 --> 00:00:15,440
yeah i think we actually get a great

9
00:00:19,750 --> 00:00:17,279
sense of the training program and how

10
00:00:22,870 --> 00:00:19,760
the training flow is going to proceed

11
00:00:25,029 --> 00:00:22,880
when we start and it's really been

12
00:00:27,750 --> 00:00:25,039
exciting for me to see in these final

13
00:00:28,870 --> 00:00:27,760

phases of flight how the crew has come

14

00:00:32,630 --> 00:00:28,880

together

15

00:00:33,910 --> 00:00:32,640

ground and

16

00:00:35,430 --> 00:00:33,920

that the fact that folks are really

17

00:00:37,190 --> 00:00:35,440

ready for the flight and everything's

18

00:00:39,190 --> 00:00:37,200

getting integrated and put together

19

00:00:40,389 --> 00:00:39,200

really well that's been just a pleasure

20

00:00:42,470 --> 00:00:40,399

to see

21

00:00:43,990 --> 00:00:42,480

i know that with your background in

22

00:00:46,470 --> 00:00:44,000

science you're a scientist here on earth

23

00:00:47,750 --> 00:00:46,480

before you even became an astronaut

24

00:00:49,270 --> 00:00:47,760

you're really looking forward to getting

25

00:00:51,110 --> 00:00:49,280

your hands on the science equipment on

26
00:00:52,790 --> 00:00:51,120
board the space station can you tell us

27
00:00:54,229 --> 00:00:52,800
a little bit about what you are most

28
00:00:55,189 --> 00:00:54,239
excited about what experiments you're

29
00:00:57,110 --> 00:00:55,199
going to be performing and you're

30
00:00:59,510 --> 00:00:57,120
looking forward to

31
00:01:01,270 --> 00:00:59,520
yeah i'm incredibly excited about a lot

32
00:01:02,549 --> 00:01:01,280
of the biology experiments of course

33
00:01:04,869 --> 00:01:02,559
that we're going to be doing on space

34
00:01:06,550 --> 00:01:04,879
station so i think some of the most

35
00:01:08,310 --> 00:01:06,560
interesting pieces of equipment that

36
00:01:10,230 --> 00:01:08,320
we've got on board for research

37
00:01:11,190 --> 00:01:10,240
capabilities are some of the ones that

38
00:01:13,590 --> 00:01:11,200

we're going to be doing for the first

39

00:01:16,310 --> 00:01:13,600

time on our mission which is trying

40

00:01:17,429 --> 00:01:16,320

to sequence dna in low earth orbit it's

41

00:01:18,550 --> 00:01:17,439

going to be very interesting and

42

00:01:20,950 --> 00:01:18,560

exciting

43

00:01:23,270 --> 00:01:20,960

it gives us a great capability for space

44

00:01:25,429 --> 00:01:23,280

station going forward both for studying

45

00:01:28,390 --> 00:01:25,439

diseases on the planet as well as our

46

00:01:29,510 --> 00:01:28,400

future exploration for mars beyond low

47

00:01:32,310 --> 00:01:29,520

earth orbit

48

00:01:34,550 --> 00:01:32,320

also there's a phenomenal research suite

49

00:01:36,950 --> 00:01:34,560

on board to actually study

50

00:01:38,390 --> 00:01:36,960

cellular material so we're going to be

51
00:01:40,230 --> 00:01:38,400
bringing up a couple of different kinds

52
00:01:43,030 --> 00:01:40,240
of cells we're going to be bringing up

53
00:01:45,590 --> 00:01:43,040
heart cells and looking at how heart

54
00:01:48,550 --> 00:01:45,600
tissue organizes itself and how that

55
00:01:49,910 --> 00:01:48,560
behaves without gravity as a presence

56
00:01:53,270 --> 00:01:49,920
and we're also going to be looking at

57
00:01:55,190 --> 00:01:53,280
bone cells so what happens to the kinds

58
00:01:58,069 --> 00:01:55,200
of bone cells that are responsible for

59
00:02:00,230 --> 00:01:58,079
bone regeneration when they no longer

60
00:02:02,069 --> 00:02:00,240
have that gravity stimulus

61
00:02:04,230 --> 00:02:02,079
and for those experiments and just in

62
00:02:06,950 --> 00:02:04,240
general what what would you say as a

63
00:02:09,830 --> 00:02:06,960

scientist is the value of the lab on the

64

00:02:11,830 --> 00:02:09,840

space station a lab in in microgravity

65

00:02:14,390 --> 00:02:11,840

that's a really good question because uh

66

00:02:16,630 --> 00:02:14,400

the space station is this enormous

67

00:02:18,790 --> 00:02:16,640

engineering achievement and we've seen

68

00:02:21,030 --> 00:02:18,800

the international partner agencies come

69

00:02:23,750 --> 00:02:21,040

together to build this incredible space

70

00:02:25,589 --> 00:02:23,760

station but one of the most exciting

71

00:02:27,990 --> 00:02:25,599

things to me is actually the science

72

00:02:30,630 --> 00:02:28,000

that we can do that we can utilize the

73

00:02:32,229 --> 00:02:30,640

space station for and the unique thing

74

00:02:34,630 --> 00:02:32,239

about the space station is that we are

75

00:02:37,670 --> 00:02:34,640

in this this low earth orbit environment

76
00:02:39,670 --> 00:02:37,680
so we don't have gravity we really have

77
00:02:41,910 --> 00:02:39,680
this presence of microgravity it's very

78
00:02:44,550 --> 00:02:41,920
very small amounts of gravity we're in

79
00:02:46,869 --> 00:02:44,560
free fall around the planet and so on

80
00:02:49,910 --> 00:02:46,879
earth any time you do an experiment you

81
00:02:51,990 --> 00:02:49,920
always have that gravitational force and

82
00:02:54,070 --> 00:02:52,000
that's never anything that you can vary

83
00:02:56,309 --> 00:02:54,080
in your experimental conditions what we

84
00:02:58,790 --> 00:02:56,319
have on the space station is the ability

85
00:03:01,110 --> 00:02:58,800
to vary how much gravitational force

86
00:03:03,430 --> 00:03:01,120
we're putting into the cells or the

87
00:03:05,110 --> 00:03:03,440
tissues or even sometimes the human body

88
00:03:06,550 --> 00:03:05,120

is the experiment

89

00:03:07,990 --> 00:03:06,560

so another thing that's really unique

90

00:03:10,309 --> 00:03:08,000

about the space station is the

91

00:03:13,350 --> 00:03:10,319

environment that it's in it's traveling

92

00:03:15,430 --> 00:03:13,360

at 17 500 miles an hour it's in a

93

00:03:17,430 --> 00:03:15,440

slightly different place in the magnetic

94

00:03:19,509 --> 00:03:17,440

field it's in a different place in the

95

00:03:21,990 --> 00:03:19,519

atmosphere than when we have an

96

00:03:24,229 --> 00:03:22,000

experimental station on the ground so we

97

00:03:26,229 --> 00:03:24,239

can see things like

98

00:03:28,630 --> 00:03:26,239

heavy particle radiation ionizing

99

00:03:30,470 --> 00:03:28,640

radiation in a slightly different way we

100

00:03:32,550 --> 00:03:30,480

can take a look at for example the

101
00:03:34,710 --> 00:03:32,560
search for dark matter in the universe

102
00:03:36,309 --> 00:03:34,720
with the alpha magnetic spectrometer in

103
00:03:38,710 --> 00:03:36,319
a slightly different way than we could

104
00:03:40,309 --> 00:03:38,720
using earth-based laboratories and you

105
00:03:42,070 --> 00:03:40,319
just mentioned that sometimes the human

106
00:03:44,869 --> 00:03:42,080
body is experiment and in this case

107
00:03:47,350 --> 00:03:44,879
that's you so has it been interesting or

108
00:03:49,030 --> 00:03:47,360
different to to kind of turn the tables

109
00:03:50,149 --> 00:03:49,040
and be the experiment yourself in some

110
00:03:51,830 --> 00:03:50,159
cases

111
00:03:54,390 --> 00:03:51,840
yeah just kind of funny sometimes to be

112
00:03:56,229 --> 00:03:54,400
the experiment and the experimenter

113
00:03:58,710 --> 00:03:56,239

so all of the research that we do of

114

00:04:00,710 --> 00:03:58,720

course is is subject to human studies

115

00:04:02,869 --> 00:04:00,720

regulation and done through informed

116

00:04:04,949 --> 00:04:02,879

consent but we do have the opportunity

117

00:04:06,789 --> 00:04:04,959

in a lot of cases to be the experiment

118

00:04:09,670 --> 00:04:06,799

so i think that's really fascinating for

119

00:04:11,990 --> 00:04:09,680

me actually is to see the response of

120

00:04:14,309 --> 00:04:12,000

the human body physiologically to

121

00:04:16,550 --> 00:04:14,319

microgravity so we know things like the

122

00:04:18,949 --> 00:04:16,560

immune system changes there's some

123

00:04:20,870 --> 00:04:18,959

dysregulation of the immune system when

124

00:04:23,510 --> 00:04:20,880

you're in microgravity you no longer

125

00:04:25,830 --> 00:04:23,520

have fluid drawn to your feet the whole

126

00:04:27,749 --> 00:04:25,840

time so there's changes in where the

127

00:04:29,749 --> 00:04:27,759

fluid shifts around in your body and

128

00:04:30,870 --> 00:04:29,759

fluid compartmentalization

129

00:04:33,510 --> 00:04:30,880

we certainly know that there's

130

00:04:35,110 --> 00:04:33,520

cardiovascular changes there's changes

131

00:04:37,350 --> 00:04:35,120

with your heart and the way you pump

132

00:04:39,909 --> 00:04:37,360

blood in your body we know that there

133

00:04:43,189 --> 00:04:39,919

are skin changes on board we do know

134

00:04:45,510 --> 00:04:43,199

that there's changes in the levels of

135

00:04:47,510 --> 00:04:45,520

dormant viruses that will reactivate as

136

00:04:49,670 --> 00:04:47,520

well as the microbial ecosystem that

137

00:04:51,510 --> 00:04:49,680

surrounds us so pretty much any system

138

00:04:53,909 --> 00:04:51,520

you can think of there's some really

139

00:04:55,510 --> 00:04:53,919

interesting observation that we can make

140

00:04:56,469 --> 00:04:55,520

in low earth orbit that we can't study

141

00:04:58,230 --> 00:04:56,479

on the ground

142

00:04:59,990 --> 00:04:58,240

okay clearly there's a lot to be excited

143

00:05:01,830 --> 00:05:00,000

about as a scientist but now shifting

144

00:05:03,510 --> 00:05:01,840

gears a little bit to as an astronaut

145

00:05:05,189 --> 00:05:03,520

what are you looking forward to

146

00:05:07,110 --> 00:05:05,199

the the ride on the rocket the

147

00:05:08,629 --> 00:05:07,120

possibility of a spacewalk and and just

148

00:05:10,150 --> 00:05:08,639

looking out the window

149

00:05:12,390 --> 00:05:10,160

yeah i think the moment that i'm most

150

00:05:14,150 --> 00:05:12,400

looking forward to uh is that first

151
00:05:16,230 --> 00:05:14,160
moment when we open the hatch on the

152
00:05:18,390 --> 00:05:16,240
space station and we get to float in and

153
00:05:20,469 --> 00:05:18,400
we get to to look out the cupola i think

154
00:05:22,629 --> 00:05:20,479
your first glimpse of the planet from

155
00:05:23,590 --> 00:05:22,639
the space station is a pretty incredible

156
00:05:25,270 --> 00:05:23,600
moment

157
00:05:26,790 --> 00:05:25,280
i think you know

158
00:05:28,310 --> 00:05:26,800
really all of the above the ride on the

159
00:05:30,950 --> 00:05:28,320
rocket's going to be

160
00:05:33,590 --> 00:05:30,960
amazing probably fairly indescribable

161
00:05:35,749 --> 00:05:33,600
and the the opportunities that we have

162
00:05:37,749 --> 00:05:35,759
to actually install some hardware in the

163
00:05:40,469 --> 00:05:37,759

space station are really interesting on

164

00:05:42,710 --> 00:05:40,479

our mission so we're hoping to install

165

00:05:44,710 --> 00:05:42,720

the international docking adapter to the

166

00:05:47,189 --> 00:05:44,720

front of space station this is going to

167

00:05:48,629 --> 00:05:47,199

allow us to do commercial crew flights

168

00:05:51,430 --> 00:05:48,639

to the station

169

00:05:53,909 --> 00:05:51,440

with our u.s base partners

170

00:05:56,390 --> 00:05:53,919

as well as the upgrading of space

171

00:05:58,390 --> 00:05:56,400

station to have lithium-ion battery

172

00:06:01,830 --> 00:05:58,400

capability this is really going to allow

173

00:06:04,390 --> 00:06:01,840

our energy storage to go well into

174

00:06:06,790 --> 00:06:04,400

2020 and beyond to maintain space

175

00:06:08,390 --> 00:06:06,800

station as this incredible laboratory

176

00:06:10,309 --> 00:06:08,400

well it sounds like there's a lot going

177

00:06:11,590 --> 00:06:10,319

on in your mission anything else in

178

00:06:13,110 --> 00:06:11,600

particular that you tell people to be

179

00:06:15,510 --> 00:06:13,120

watching out for

180

00:06:17,590 --> 00:06:15,520

yeah so i'm hoping to share some of

181

00:06:19,270 --> 00:06:17,600

these experiences through the nasa

182

00:06:21,430 --> 00:06:19,280

astronauts account

183

00:06:23,749 --> 00:06:21,440

we'll see if my photography skills are

184

00:06:25,510 --> 00:06:23,759

up to par with those of scott kelly and

185

00:06:27,990 --> 00:06:25,520

jeff williams they have set a pretty

186

00:06:30,230 --> 00:06:28,000

high bar so we'll do our best as

187

00:06:31,830 --> 00:06:30,240

expedition 48 crew to share a little bit

188

00:06:33,510 --> 00:06:31,840

of this journey with you both the

189

00:06:35,510 --> 00:06:33,520

research that we're doing as well as the

190

00:06:37,189 --> 00:06:35,520

views that we're seeing outside

191

00:06:38,309 --> 00:06:37,199

we can't wait to see them thanks so much

192

00:06:41,430 --> 00:06:38,319

have a great